

# 2010 Blue Devil Lift Off

## Female Results

14 – 15		Under 150 Pounds			Over 150 Pounds		
Bench	Gold	Taylor Clark	Cambridge	95 lbs	Sara Tironi	Cambridge	102 lbs
	Silver				Patrice Herrington	Cambridge	90 lbs
Squat	Gold	Taylor Clark	Cambridge	185 lbs	Sara Tironi	Cambridge	225 lbs
	Silver				Patrice Herrington	Cambridge	190 lbs
Dead Lift	Gold	Taylor Clark	Cambridge	225 lbs	Sara Tironi	Cambridge	325 lbs
	Silver				Oliva Allard	Cambridge	235 lbs

16 – 18		Under 150 Pounds			Over 150 Pounds		
Bench	Gold	Kiley Merecki	Cambridge	115 lbs	Nikki VandenBogaard	Cambridge	145 lbs
	Silver	Beth Hoernes	Arlinton	105 lbs	Amy Pelleski	Columbia	100 lbs
Squat	Gold	Bridget Cuddihy	Cambridge	215 lbs	Nikki VandenBogaard	Cambridge	315 lbs
	Silver	Georgia Hemmerling	Cambridge	185 lbs	Amy Pelleski	Columbia	205 lbs
Dead Lift	Gold	Taylor Johnston	Cambridge	265 lbs	Nikki VandenBogaard	Cambridge	365 lbs
	Silver	Bridget Cuddihy	Cambridge	255 lbs	Amy Pelleski	Columbia	250 lbs

Individual Three Lift Total				Individual Body Weight to Weight Lifted %		
Gold	Nikki VandenBogaard	Cambridge	825 lbs	Dana Keus	Cambridge	1.67
Silver	Sara Tironi	Cambridge	670 lbs	Desirae Honyoust	Cambridge	1.60

Team Three Lift Total			Team Body Weight to Weight Lifted %	
Gold	Cambridge	1495 lbs		

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## Male Results (14-15 Years Old)

14-15 Years Old		Under 150 Pounds			171 – 200 Pounds		
Bench	Gold	Cameron Wynn	Columbia	220 lbs	Brenden Nunziata	Arlington	255 lbs
	Silver	Alec Forezzi	Columbia	210 lbs	Ryan Oakley	Arlington	240 lbs
Squat	Gold	Alec Forezzi	Columbia	355 lbs	Eric Palmer	Shaker	350 lbs
	Silver	Jake Quay	Shaker	300 lbs	Troy Edwards	Arlington	335 lbs
Dead Lift	Gold	Jamison Kuhn	Shaker	380 lbs	Roland Lewis	Arlington	460 lbs
	Silver	Alec Forezzi Jake Quay	Columbia Shaker	365 lbs	Eric Palmer	Shaker	450 lbs

14-15 Years Old		150 – 170 Pounds			Over 200 Pounds		
Bench	Gold	Anthony Gullo	Columbia	250 lbs	Logan Murphy	Arlington	255 lbs
	Silver	Jared Kahn	Columbia	235 lbs	Matt Champion	Stillwater	230 lbs
Squat	Gold	Logan Marshall	Arlington	350 lbs	Justin Snyder	Columbia	350 lbs
	Silver	Devon Barlow	Shaker	300 lbs	Dom Maiello	Shaker	320 lbs
Dead Lift	Gold	Logan Marshall	Arlington	435 lbs	Rayquan Ward	Lansingburgh	475 lbs
	Silver	Tyler Oppelt	Shaker	375 lbs	Vaughn Chestnut	Lansingburgh	475 lbs

Individual Three Lift Total 14-15 Year Olds			
Gold	Logan Murphy	Arlington	1020 lbs
Silver	Roland Lewis	Arlington	1015 lbs
Bronze	Logan Marshall	Arlington	1010 lbs

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## Male Results (16-18 Years Old)

16-18 Years Old		Under 150 Pounds			171 – 200 Pounds		
Bench	Gold	Jarrid Rogers	Columbia	255 lbs	Nate Butler	Rensselaer	390 lbs
	Silver	Sam Nolan	Stillwater	235 lbs	Jacob Luce	Lansingburgh	350 lbs
Squat	Gold	Jim Bearor	Cambridge	350 lbs	Jacob Luce	Lansingburgh	500 lbs
	Silver	Brandon Westcott	Cambridge	315 lbs	Tyrone Nichols	Lansingburgh	500 lbs
Dead Lift	Gold	Jarrid Rogers	Columbia	420 lbs	Nate Butler	Rensselaer	500 lbs
	Silver	Tyler Duffy	Cambridge	405	Carlos Mendez	Shaker	500 lbs

16-18 Years Old		150 – 170 Pounds			Over 200 Pounds		
Bench	Gold	Jacob Goldblum	Cambridge	290 lbs	Derek Gardella	Shaker	410 lbs
	Silver	Ryan Secor	Columbia	265 lbs	Elijah Cancer	Shaker	385 lbs
Squat	Gold	Jonas Godell	Columbia	430 lbs	Derek Gardella	Shaker	620 lbs
	Silver	Jacob Goldblum	Cambridge	420 lbs	TJ McLaughlin	Lansingburgh	500 lbs
Dead Lift	Gold	Jonas Godell	Columbia	505 lbs	Tyler Murphy	Arlington	565 lbs
	Silver	Franco Bianchi	Arlington	450 lbs	Anthony Dabney	Arlington	565 lbs

Individual Three Lift Total 16-18 Year Olds			
Gold	Derek Gardella	Shaker	1555 lbs
Silver	Nate Butler	Rensselaer	1380 lbs
Bronze	Tyrone Nichols	Lansingburgh	1340 lbs

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## Overall Body Weight to Weight Lifted %

Place	Name	School	Age	Weight	Body Wt %
1 <sup>st</sup>	Nate Butler	Rensselaer	18	188	2.45
2 <sup>nd</sup>	Jake Goldblum	Cambridge	17	154	2.44
3 <sup>rd</sup>	Derek Gardella	Shaker	17	225	2.30
4 <sup>th</sup>	Caleb Bauscher	Cambridge	17	118	2.30

## Team Body Weight to Weight Lifted %

Place	School	Body Wt %	Place	School	Body Wt %
1 <sup>st</sup>	Cambridge	2.22	5 <sup>th</sup>	Shaker	2.03
2 <sup>nd</sup>	Columbia	2.20	6 <sup>th</sup>	Arlington	2.02
3 <sup>rd</sup>	Rensselaer	2.11	7 <sup>th</sup>	Stillwater	1.51
4 <sup>th</sup>	Lansingburgh	2.07			

## Team Three Lift Total

Place	School	Weight	Place	School	Weight
1 <sup>st</sup>	Rensselaer	6345	6 <sup>th</sup>	Cambridge	5195
2 <sup>nd</sup>	Lansingburgh	6305	7 <sup>th</sup>	Stillwater	4080
3 <sup>rd</sup>	Arlington	6065			
4 <sup>th</sup>	Shaker	6030			
5 <sup>th</sup>	Columbia	5700			