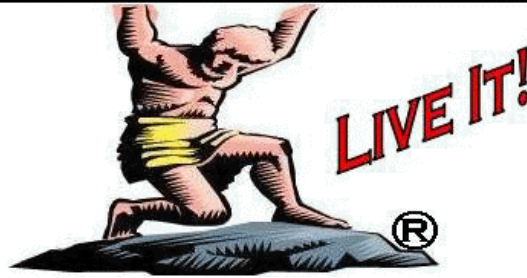


TOP FORM, INC.



PHASE III (30 Hour Course) The Theory and Techniques of Coaching Syllabus

Thursday :	Jim Canonica	6pm – 10pm
Friday:	Jim Obermayer	6pm – 10pm
Saturday:	Doug Hadley	8am – 4pm
Sunday:	Certified Evaluators	8am – 12pm

NOTES AND NEWS

*In addition, 10 Hours of Observation with a NYS Licensed Coach is required before a certification card can be issued. (See Coaching Observation Form)

** See attached for Homework / Class work

Homework

1. Homework Handout
2. Detailed Daily Practice Plan (Include times, activity, descriptions, drawings, etc.)
3. Detailed Weekly Practice Plans (Obtain season / yearly planner)
4. Detailed Player Evaluation
5. Scouting Report Evaluation Sheet
 - a. Scouting Report (View a game film in your sport and write a detailed scouting report)
6. Game plan for a particular game in your season

Class work

1. Organize the materials that you will teach to your athletes and present them in the order that they will be taught during the season. (Think about the whole athlete, not just skills, should be about 40 on your list)
2. List each of the following:
 - a. 1 individual motivational activity
 - b. 3 Team motivational activities
 - c. 3 School related motivational activities
3. Orally Present all of above 10-15min (Sunday)
4. Will be evaluated by sport!